



Monthly Newsletter

www.ChisagoLakesChamber.com

January 2012

Serving the communities of Chisago City, Lindstrom, Center City and Shafer

Upcoming Meetings & Events

- January 11: Board Meeting 4:00 p.m.**
 Chamber Office & Information Center
 30525 Linden Street, Lindstrom
- January 12: Chamber Member Luncheon**
 Time: 11:30 a.m.
 Speaker: **George McMahon, Co. Commissioner**
 Topic: State of the County Address
 Caterer: **Brink's Deli**
 Location: **Chisago Lakes Area Library**
 11754 302nd St, Chisago City

Welcome New Members!

Karen & Associates

Center City 612-845-1699

JS Nutrition and Wellness

Lindstrom 651-231-5159

Mueller Jewelers

12865 Lake Blvd, Lindstrom 651-213-1010

CELEBRATION OF THE LAKES

January 28-29, 2012



The Celebration of the Lakes is a family-oriented community event and is the signature event for the Chisago Lakes Area Chamber of Commerce.

Come to North Center Lake to see the Hot Air Balloons, Sled Dogs, Helicopter Rides, 5K/10K run, Kids Games, Kids Pro Ice, Radar Run, Concession Tent and more!

If you wish to donate your time volunteering for this event or wish to donate for COL button prizes, call the Chamber Office at 651-257-1177.

See full Celebration of the Lakes schedule on page 5.



What's Happening This Month

January	1	New Year's Day
January	3	Studios of Art 'Coffee Talks'
January	6	Home Show Early Bird Deadline
January	10	Studios of Art 'Coffee Talks'
January	11	SCRMC 'Tai Chi Qigong' classes start
January	11-15	Picket Fence Gals Sale
January	14	Festival Theatre 'Belfast Cowboys'
January	17	Studios of Art 'Coffee Talks'
January	17	Fairview 'Healthy Lifestyle, Healthy Weight
January	21-22	Lindstrom Antique Mall 20/20 Sale
January	24	Studios of Art 'Coffee Talks'
January	28-29	Celebration of the Lakes
January	31	Studios of Art 'Coffee Talks'
March	3-4	Home, Garden & Business Show

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2012 Board of Directors

Officers:

President: Craig Stockel, Thrivent Financial
Past President: John Renaker, Northwoods Roasterie
President-Elect: Miriam Aaland, Parmly LifePointes
Treasurer: Cory Lindgren, Lindgren & Associates
Secretary: Loretta Anderson, Hazelden

Directors:

Jim Green, Edward Jones Investments
Bob Gustafson, Farmers Insurance Group
Dan Brown, Chisago Lakes Achievement Center
Matt Silver, Chisago County Press
Renee Dabill, Renee Lynn Photography
Adam Wojtowicz, Security State Bank

Executive Director: Tangi Schaapveld
Office Manager: Laurie Doughty

How to contact us:

Chisago Lakes Area Chamber of Commerce
P.O. Box 283 – 30525 Linden St.
Lindstrom, MN 55045

Phone: 651-257-1177

Email: clacc@frontiernet.net

Web: www.ChisagoLakesChamber.com



A Note from the Chamber Board:

Renee Dabill

Happy New Year! Here we are in 2012, and getting ready for things to move along. Last month, many of you joined in the Chamber Christmas Gala at Meredee's for our Annual Business meeting. The dinner, auction, and conversation was wonderful. If you missed out, be sure to plan to make it this year. Fun was in abundance!

With each new year, comes a new budget for many businesses and the Chamber is no different. As the budget was discussed and created, some changes were made, one of which is you are receiving this newsletter via email rather than through the post office. It may take some getting used to for some of us, but it is sure to be a good change. Another change is that the monthly luncheons will now be \$8.00 per person. You can (and are encouraged) pay the year in advance... and

by doing so you will receive one month free! These two changes are greatly helping the budget situation. If you have questions about the budget, please feel free to chat with Tangi Schaapveld or Cory Lindgren.

Celebration of the Lakes is coming up soon, quickly followed by the Home Show. If you made a new year's resolution to be more involved, here are two premium opportunities for you! Volunteers are key in making our Chisago Lakes Area Chamber of Commerce amazing. There are needs for prep work or the actual event work for either event, so please let a board member know you are interested in serving!

Enjoy this new year! Make new goals, plan new fun activities, spend extra time with family. End this year saying "this was the best year ever!"

Vitalize! Centre – Wellness & Studios of Art

10720 282nd Street, Chisago City 651-257-7957

A place to explore the Six Dimensions of Wellness; Physical, Emotional, Intellectual, Vocational, Social and Spiritual. Come explore activities, classes, speakers, volunteer opportunities and more.

Ala Carte Class Schedule for winter 2012 is now available. Schedule can be viewed at www.Parmly.org



CHAMBER UPDATE

As the New Year begins, the chamber will be making changes that will keep us moving forward.

If you are reading this newsletter, you are already experiencing one of our revisions. The monthly newsletter is now being sent out electronically. Relying on technology to make communication easier and more efficient is important and will be used more for sending out information, newsflashes, newsletters and invitations.

There also will be a change regarding the membership luncheons. These monthly events offer fantastic networking opportunities along with informative speakers to help your business thrive. Starting with January's luncheon, an \$8 fee will be collected to help cover our luncheon expenses. Members have two options, paying \$8/person per luncheon or prepay \$80 for the year, which gives you one free lunch. Great luncheon speakers are already scheduled for 2012.

December 14th Board Meeting Highlights

Secretary's Report:

November minutes reviewed and accepted as written.

Treasurer's Report:

Treasurer's report reviewed and accepted.

Committee Reports:

- **Tourism Committee – Tangi**
Small Town Christmas events went well.
- **Holiday Gala** – Invitations were sent electronically. Planning is on track for a fantastic evening.
- **Celebration of the Lakes** – A new event is planned this year called 'Smooch Racing'. Also may have a beverage cart on the ice. Sponsorships are slowly coming in.

New Business:

- **2012 Board Candidates** – Miriam Aaland, Pamly LifePointes, has agreed to take the President Elect position and Loretta Anderson, Hazelden, will continue on as Board Secretary. New candidate, Adam Wojtowicz from Security State Bank will fill the Director position of outgoing member, Bob Jennissen.

Old Business:

- **PA System** – As directed earlier by the board, a PA system was purchased.

Executive Director's Report: Tangi

Among items reported to the board were:

- Membership updates
- Change in monthly luncheon meetings
- List of speakers already committed for monthly meetings
- 2012 Community Ambassador
- Celebration of the Lakes Sponsorships Update

January Specials!

designers
salonspa

- ❖ **Men's Night** – 1st Monday of the month 4:30-8:30 pm
No appointments needed! Men's cuts are \$20
- ❖ **Senior Day** – Wednesdays from 9:30-5:00
Seniors receive 15% off of one service
- ❖ **Teen Day** – Thursdays Receive 20% off all services with Laurie or Mel

Visit Designers Salon at www.DesignersSalonSpa.net
and on Facebook!

11495 Brink Ave, Chisago City

651-257-9477



- * Exhibit space is still available. 2012 Chamber members in good standing receive an \$80 discount off booth registration.
- * Volunteers are needed for Set-up, traffic control, take down, greeters, counters and Chamber booth.

To register call Coreen at 651-213-2600

To Volunteer call the Chamber office at 651-257-1177

* *Early Bird Registration ends January 6th. Coreen must receive your registration and payment by January 6th in order to be given the Early Bird discount!*



Fairview Lifestyle Medicine Education Series

The Fairview Lifestyle Medicine lecture series promotes healthy living. Each program features an expert who presents information devoted to healthy living and self-care.

Healthy Lifestyle, Healthy Weight

Tuesday, January 17 6-7pm

Kimberly Turinske, MD, Fairview Lakes Clinic, Wyoming Family medicine and bariatric physician. Dr. Turinske will discuss common conditions causing weight gain, identify medical complications caused by excessive weight, discuss medical treatments for weight, compare common fad diets and discuss calorie, exercise and activity goals for successful long-term weight maintenance.

Open up to Mind-Fullness:

Savoring Food, Reducing Consumption

Tuesday, February 21 6-7pm

In 'Open up to Mind-Fullness', lead by Sheila Tippie, RN, you will begin to create a new relationship with food. Learn to savor the flavor of food and recognize that giving your full attention to food can help reduce how much you eat. In this interactive session, you will taste different kinds of foods and discuss aspects of flavor, texture and sensory feedback signaling that you are satisfied.

Both series will be held at Fairview Lakes Medical Center, Conference Room A/D. Registration fee is \$10. Pre-registration is required. Register at 612-672-7272. For more information call 651-982-7731.

December Annual Meeting & Holiday Gala



The Annual Meeting/Holiday Gala was held Thursday, December 15 at **Meredee's Bistro**. The 54 members/guests enjoyed a wonderful meal and an evening filled with laughter. Thank you to **Lindgren & Associates** who sponsored the **WineHaven** wine and **Eichtens** for the platter of their specialty cheeses for Social Hour. After a short business meeting and the delicious meal, LeeAnn VandeKamp worked her magic among the crowd with her auctioneer flair and great sense of humor as the Live Auction began. Thank you to the following businesses for their donations: **Bachman's Photography, Becky's In-Home Bistro, Bill's Auto Body, Brink's, Chisago County Press, Chisago Lakes Golf Course, Dan Brown of Brown's Trout Adventures, Designers Salon, Edward Jones/Jim Green, Eichten's, Festival Theatre, Grand Casino Hinkley, Gustaf's Galleries, Jackie Brigg's Therapeutic Massage, Meredees Bistro, Midwest Sports, Northwoods Roasterie, Renee Lynn Photography, Sven's, T&A Towing-Tom Kieffer/Farmers Insurance Group, The Vegetarian, Shaleen Team ERA Muske, Vitalize! Wellness Centre & Studio of Arts, Wild Mountain, WineHaven, Xcel Energy.** Thank you to everyone that helped to make this year's Gala a success.



The Belfast Cowboys

Saturday, January 14th, 7:30 pm

The Belfast Cowboys, a nine-piece band has become one of Minnesota's most popular bands, playing monthly shows at Lee's Liquor Lounge and Whiskey Junction, among others.

"This nine-piece band, complete with a rollicking horn section, conjures up the spirit and the songs of Ireland's greatest export" Chicago Tribune

Tickets \$21 in advance, \$26 at the door, Flex Pass eligible.
Visit www.FestivalTheatre.org or call 715.483.3387

LAYSB News!

244 N. Lake Street, Forest Lake

Parent Support Meetings

Parents of Teenagers: would it help to talk to another parent or a person who has survived parenting teens? Are you wondering how to address these and other issues?:

- ♦ Setting reasonable consequences
- ♦ Following through with expectations
- ♦ Ways to effectively communicate with your teen
- ♦ Recognizing your strengths

We have a **free** opportunity for you to do just that! On Thursday evenings, 6:30-7:30pm we will discuss your parenting situation with you and help you decide how to handle it.

www.YSBLakesArea.org

651-464-3685



NORTHWOODS ROASTERIE

12710 Lake Blvd, Lindstrom

Coffee and Pie Night

Every Friday Night! 5-9pm

Come enjoy coffee and fresh baked pies!

www.NorthwoodsRoasterie.com

651-257-5240

Quote for the Month

"We will open the book. Its pages are blank. We are going to put words on them ourselves. The book is called Opportunity and its first chapter is New Year's Day."

~Edith Lovejoy Pierce~

Lindstrom Antique Mall

20/20 STOREWIDE SALE

JANUARY 21-22

Storewide Sale – 20% off all items over \$20.00
unless marked 'firm' or already on sale.

Downtown Lindstrom

651-257-3340

PICKET FENCE GALS SALE

January 11-15

Wednesday 3-7

Thursday-Saturday 9-6

Sunday 11-5

Every room in this historic house is packed with unique and interesting treasures. Downtown Lindstrom.

www.PicketFenceGals.com

651.257.3370

2012 CELEBRATION OF THE LAKES SCHEDULE



All Events take place on North Center Lake, unless otherwise noted.
 * if ice thickness is not sufficient event will take place at Ki Chi Saga Park

FRIDAY, JANUARY 27, 2012

6:30 PM OLD TIME MOVIE
Chisago Lake Lutheran Church, Center City Sponsored by Center City Historical Society. Fun for the whole family.

PILOT'S RECEPTION & CHILI COOK-OFF Pot Luck
 6-8pm at Lindstrom Community Center. Join us in welcoming Hot Air Balloon Pilots while we host the Chili Cook-Off & Pot Luck. Public welcome! Must have COL button and bring a side dish, dessert or beverage for the potluck. Contact Shari at 257-9380 or Laura at 257-5113 to enter Chili Cook-off. Sponsored by Bachman's Photography & Lindstrom Foods.

SATURDAY, JANUARY 28, 2012

7:00 AM FOOD CONCESSIONS (Heated Tent)
 Yummy hot food and beverages all day long!

FREE FAMILY ICE SKATING 7am-4pm

7:45 AM HOT AIR BALLOON LAUNCH
 North Center Lake, Weather Permitting - Bring your camera!

10:00 AM 5K/10K RUN/WALK 10am race start/Kids Run 11:00
 Registration and packet pick-up 9am in Concession tent Register online at www.FrontRunnerUSA.com

KIDS PRO ICE SNOWMOBILE RACING
 Ice Oval Kitty Kat snowmobile racing with LeMans Course for 120's. Hot Laps 8-9:30am. Mandatory drivers meeting 9:30, racing starts at 10am. Ages 4-14 Info at www.KidsProIc.org

GRAND PRIX CAR RACING (South Lindstrom Lake)
 10 am -12 pm practice and qualifying. 12-4 pm sprint racing. www.iira-icerace.org Contact: Mark 612-875-3646

HELICOPTER RIDES
 10 am - 4 pm (1 copter = 3 passengers)
 \$40 for adults and \$35 for kids 12 & under



10:30 AM SNOWMOBILE RIDE 'FROZEN FREEDOM RALLY' TRIBUTE TO THE TROOPS
 Benefit Snowmobile Ride. Contact Dean 651-983-2329

12:00 PM KIDDIE PARADE
 Dress as your favorite Wild West Gear. Prizes awarded to top participants. Info contact: Erin at Edina Realty 651-257-3465

SLED DOG RIDES 12 pm -4pm
 \$5 Tickets sold at Concession Tent

KIDS GAMES/SPONSORS 12 pm -3 pm
 10 tickets for \$5 All proceeds go to Family Pathways for Chisago County.



Pitching Challenge
Football Toss
Basketball Shoot
Hole in One
Frisbee Toss
Ring Toss
Milk Bottle Throw

SATURDAY, JANUARY 28, 2012 (continued)

1:00 PM BELGIUM HORSE DRAWN HAYRIDE
 At Central Bank 1 - 4 pm Free with COL Button

3:30 PM HOT AIR BALLOON LAUNCH
 Weather Permitting. Bring your camera!

4:00 PM SPAGHETTI DINNER 4-7pm
 Chisago Lakes Lutheran Church, Center City
 Sponsored by Thrivent Financial, Hosted by Youth Group.
 \$5/person or \$20/family

4:30 PM SNOWMOBILE TORCHLIGHT PARADE
 Starts at the Concession Tent



5:00 PM OLD FASHIONED SKATING PARTY 5-9pm
 Icy Pond, Hot Drinks, Heated Shelter and Fun at Lindstrom Lions Park, Hosted by Lindstrom Parks Board and Lindstrom Fire Department.

SUNDAY, JANUARY 29, 2012

7:00 AM FOOD CONCESSIONS (Heated Tent)
 Yummy hot food and beverages all day long!

FREE FAMILY ICE SKATING
 Bring your skates. 7 am - 4 pm

7:45 AM HOT AIR BALLOON LAUNCH
 Weather permitting. Bring your camera!

8:00 AM PANCAKE BREAKFAST
 Trinity Lutheran Church, Lindstrom
 8am-2:30pm Sponsored by Youth Group

10:00 AM GRAND PRIX CAR RACING (South Lindstrom Lake)
 10am-12pm practice and qualifying. 1:00 Two Hour Endurance Race. Info contact: Mark 612-875-3646

MEDALLION HUNT \$100 Prize! 10am-3pm
 Clues posted hourly in the Concessions Tent starting at 10am. Must have COL button to claim prize.

SNOWMOBILE RADAR RUN 10am-4pm
 3 runs/\$20 Sponsored by Rotary
 Contact: Karen 651-257-9193 or 651-257-4830

12:00 PM KIDS GAMES 12 pm-3 pm
 10 tickets - \$5 All proceeds go to Family Pathways for Chisago County. See Saturday's schedule for list of games.

SMOOSH RACE CONTEST
 Teams of 4 attached to homemade ski's (2 x 4's) racing 50 yards. Laughs guaranteed! Register at the Chamber Office or on Race Day. Sponsored by: Grundhoefer & Alliegro, LLC-Attorneys at Law & Eichten's Hidden Acres Cheese.

1:00 PM GOLF TOURNAMENT
 Center City Parks Committee Teams of 4, \$50, 9 holes, Limited to 9 teams. Info contact: Jill 257-1483

ICE FISHING CONTEST 1-3pm
 Bring Fishing gear, Adults \$7/line, Kids \$3/line. Bring your bait, pre-drilled holes, Bigger/Better Prizes! Sponsored by Chisago Lakes Lions Club Contact Bob 651-442-1589

2:00 PM BINGO 2-5pm
 Trinity Lutheran Church, Lindstrom Sponsored by Youth Group

3:00 PM AWARD PRESENTATIONS Concession Tent
 2012 Community Ambassador and winners of the Medallion Hunt and Coloring Contest.

*Come out and enjoy winter in the
 Chisago Lakes Area!*

Featured Business – January 2012



JILL SCHREIER, JS NUTRITION AND WELLNESS, LLC

JS Nutrition and Wellness is owned and operated by Jill Schreier, registered and licensed dietitian. Jill is a nutrition professional with over 17 years of experience in the health care industry.

JS Nutrition provides small business worksite wellness programs aimed at empowering employees to take charge of their health. Healthy employees are happier, more productive and result in a “healthier” bottom line for companies. Wellness programs are customized to each company’s needs and may include monthly seminars, individual consultations and assessment of work environments.

Improving the lives of the 50+ year old population is our second business focus. Consultation for individuals and caregivers on a large variety of topics related to nutrition and physical activity are available. This education may be one-on-one or taught through seminars and trainings. Referrals are received through home care/hospice agencies, senior living facilities, physicians, community organizations, wellness programs and individuals.

Making your health a priority is necessary to meet your full personal and professional potential. JS Nutrition and Wellness can help guide you down the right path. Here are a few tips to get you started towards a successful, healthy 2012!

- 1) Create a wellness plan just as you’d prepare a business plan. *Write* out your goals and strategies to achieve these health-related goals. This plan may apply to you personally and/or to your company.
- 2) Eat more “real food”. Focus on consuming a variety fruits, vegetables, whole grains and lean protein *each day*. These foods will keep you feeling energized and looking great while decreasing your risk of disease including diabetes, cancer and heart disease.
- 3) Move your body. If you don’t exercise now, start with 15 minutes of activity that you enjoy each

day. Walking, dancing, weight lifting or yoga all count. Be realistic with time commitments to achieve sustainable habits but try to work up to 150 minutes/week of activity.

By building on small, realistic lifestyle changes, you can experience success and motivation to continue your new habits for a lifetime.

For further information on JS Nutrition and Wellness and how I can help you achieve your health goals, please contact Jill at 651-231-5159 or visit our website at www.jsnutritionandwellness.com.



ST. CROIX
REGIONAL
MEDICAL CENTER

St. Croix Regional Medical Center

Join one of these upcoming classes for your physical and emotional well being.

Yoga in Sequence: Wednesdays 6:45-7:45 pm

Practice yoga poses and postures with sequencing grace. Some yoga experience is recommended. \$5/session or \$25 for 6 sessions. Register at 715-483-5158.

Chronic Pain Support Group: First Thursdays 5-6:30pm

Facilitated by Dr. Pat Fettes and is offered at no cost to participants. You do not need to be seen by a provider at SCRMC to attend and is open to anyone needing help with pain management.

Expectant Parents: 3 weekly sessions for 4 weeks 6-8:30pm

Ideal for parents during the 7th or 8th month of pregnancy. Learn about labor, delivery, breathing and relaxation techniques, postpartum care, infant feeding and tour the Birthing Center. Fee: \$40 per couple.

Hatha Yoga Beginner & Experienced: Saturdays

Beginners: 10-11am, Experienced: 11:30am-12:30pm
\$5/session or \$25 for 6 sessions. Register at 715-483-5158.

Tai Chi Qigong: Six weeks starting January 11

Qigong, a series of 18 exercises, are easier to perform by anyone of any age or physical ability. Designed to improve general health and well being, the movements improve circulation, breathing, and digestion, reducing mental and physical stress and tension. \$25 for six sessions. Register at 715-483-0431.

THINK LOCAL FIRST

Increasing awareness about the personal, community and economic benefits of choosing local businesses FIRST.

Think local first + Buy local when you can = Strong Community!



‘BOOTCAMP GOLF’

If you are really ready to make a commitment to improving your game you should check out Bootcamp Golf. Are you willing to take the time to commit to a practice program, every day, 10 minutes a day, for 10 weeks? Practice will take place at home, where there is no temptation to hit balls, only focus on the drills. Bootcamp Golf is one of the few programs out there that teaches practice and learning. This program is about sustained, correct, repetitive practice. For 10 weeks we will create the habits of correct practice that will result in muscle memorized fundamentals. The cost is \$375 per person which includes training for one hour a week, video analysis, training aids and materials. Discounts are available for groups of 3-4 participants.

For more information on Bootcamp Golf or other lesson opportunities this winter, call (651) 257-1484.



The Studios of Art “Coffee Talks”

Tuesdays 10:00am

“Coffee Talks” are a time to gather with friends and neighbors to meet people with a passion, someone who is a subject expert or someone you know or want to get to know in an informal setting (the Studios of Art). It is a time to discuss, listen, ask questions and chat about whatever the topic of the day is.

- January 3 “Where Does Coffee Come From?”
- January 10 “Foot Care for Happy Feet”
- January 17 “Osteoporosis: Prevention/Management”
- January 24 “Road Scholar/Elder Hostel Opportunities”
- January 31 “IRA Distribution Choices”

Vitalize! Centre – Wellness & Studios of Art

10720 282nd Street, Chisago City 651-257-7957

MN Chamber Update

Elevating Business Advocacy to the Next Level

By David C. Olson

The Minnesota Chamber of Commerce is positioning itself to become an even more effective advocate for the statewide business community. Our leadership, and the leadership of our local chamber partners, is needed now more than ever.

And we are responding. Our Board of Directors has adopted a strategic plan that aims to enrich our grassroots efforts, develop a more aggressive public relations strategy, add to the strength of our lobbying team, increase our political clout and grow our membership. The strategic plan culminated eight months of examining where our organization is, where we want to be, and what investments must be made to attain the next level.

Our local partners are an integral cog in carrying out those initiatives. The business community’s top priority issues for 2012 are: Build the state budget with priority-based budgeting; reinstate K-12 high school graduation standards; implement cost-based electricity rates; bring more certainty to environmental review and permitting; create a state-designed health insurance exchange

The dynamics of the federation approach – the Minnesota Chamber working in tandem with local chambers and our members – has been a successful formula for addressing public policy issues. The network represents and advocates for the interests of all of our members – large or small, whether located in Greater Minnesota or the metropolitan area, and no matter what their service or product.

The Minnesota Chamber is poised and committed to advancing nonpartisan, pro-business and responsible public policy to improve the lives of all Minnesotans. Three principles are essential for our success: Develop the best talent for our workforce; bring certainty to business costs; ensure fairness in state rules and regulations.

Now is the time to build on our record of advocacy and deliver a unified message to policy-makers in St. Paul. The political environment is increasingly polarized. Attacks on businesses are more frequent. And Minnesota companies are increasingly competing in a global economy.

Our relationship with local chambers of commerce is the foundation of the Minnesota Chamber’s grassroots network and our success at the Capitol. We pledge to work with everyone to speak as one voice on critical issues that affect our economy.

David Olson is president of the Minnesota Chamber of Commerce. For more information visit www.mnChamber.com.



Minnesota Chamber of Commerce
The Voice of Business



P.O. Box 283
Lindstrom, MN 55045

CHAMBER NEWS

PRESORTED STANDARD
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 <p>People helping people improve their lives</p> <p>www.lakestatefcu.org Phone: 651-457-4000</p>  <p>15415 Macmillan Blvd Wood Branch, MN 55096</p>	 <p>28210 Old Towne Rd. Chisago City, MN 55013 Phone: 651-257-0575</p> <p>www.parmly.org</p> <p>Vitalize! Wellness Centre * Memory Bridges Community Connections * Housing Options</p>	 <p>BILL WADDELL <i>President</i></p> <p>34408 Creechway Avenue Forest Lake, MN 55025 Phone: (651) 464-4477 Fax: (651) 464-7241 bill@billsautobodyMN.com</p> <p>www.BillsAutoBodyMN.com</p>
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 <p>LINDGREN & ASSOCIATES LINDGREN TAX & ACCOUNTING, INC.</p> <p>•BOND YOURSELF TO US•</p> <p>LINDGREN & ASSOCIATES PHONE 651-257-2152 42648 LAKE BLVD. FAX 651-257-4235 P.O. BOX 747 LINDGREN, MINNESOTA LINDGREN.TAXANDACCOUNTING@PROSTREET.NET LINDGREN@LINDGRENANDASSOCIATES.COM WWW.LINDGRENANDASSOCIATES.COM</p>	 <p>Hazelden</p> <p>hazelden.org / 800-257-7800</p>	 <p>Central Bank</p> <p>CENTRAL BANK AND YOU. BUILDING LASTING RELATIONSHIPS.</p> <p>Greg Hickey, President 300 Andrews Avenue • Center City, MN 55012 • 651-257-1000 www.centralbank.com</p>