

Monthly Newsletter

www.ChisagoLakesChamber.com

February 2015

Serving the communities of Chisago City, Lindstrom, Center City, Shafer and Taylors Falls

Upcoming Meetings & Events

February 11: Board Meeting 9:00am

Chamber Office & Information Center 30525 Linden Street, Lindstrom

February 12: Chamber Member Luncheon

Time: 11:30am

Speaker: James Burns-Small Business Growth Alliance

Topic: Credit Card Processing-EMV/Smart Chip

Location: Chisago Lakes Library

11754 302nd St, Chisago City

Welcome New Members!

Mickelson Landscaping

Lindstrom 651-485-1729 www.MickelsonLandscaping.com

Elevate Builders

Lindstrom 651-257-0827 www.ElevateBuildersMN.com



Bright Ideas ... Saturday 10 AM - 4 PM Sunday 11 AM - 3 PM

Bright Ideas for Home, Garden & Family! February 21–22, 2015

Exhibit space available. Chamber members receive discount off booth registration with paid 2015 Chamber membership. Volunteers needed for set-up, traffic control, take down, greeters and Chamber booth. Registration Form

To register call Coreen at 651-213-2600 To Volunteer call the Chamber office at 651-257-1177

February

What's Happening This Month

February Up North Art Gallery 'Framing Sale'

February 4-14 Recycled Wardrobes Sale

February 5 Edward Jones – 'Coffee Club'

February 5 & 19 Wild Mountain 'Home School Days'

February 7 & 14 Wild Mountain 'Music in the Nest'

February 7 CL Rotary 'Deadwood Casino'

February 7-8 Wild Mountain 'Thrasher Camp'

February 10 doTERRA Oils 'New Year/New You'

February 10 Jackie Briggs 'Massage 101 for Couples'

February 11-15 Picket Fence Gals Sale

February 12 CL Library 'Valentines' Day Party'

February 13 Community Ed 'Daddy/Daughter Dance'

February 14 Valentine's Day

February 14 Your Photo Helper 'Digi Crop'

February 14 Festival Theatre 'Hopelessly Romantic'

February 14 Wild Mountain 'Night Moves'

February 14-15 Wild Mountain 'Friends & Family Day'

February 16 Nature Rich/Fuel Direct Meeting

February 17 Future Walk 'Listening Session'

February 21 Winter Plunge

February 22 Wild Mountain 'Scout & 4H Days'

February 28 Festival Theatre 'Johnny Cash Review'

February 21-22 Home & Garden Expo

2015 Board of Directors

Officers:

President: John Renaker, Northwoods Roasterie

President-Elect: John Unruh, MN College Funding Strategies

Treasurer: Cory Lindgren, Lindgren & Associates

Secretary: Erin Thorvaldson, Edina Realty

Directors:

Bob Gustafson, Farmers Insurance Group Renee Dabill, Renee Lynn Photography Matt Silver, Chisago County Press Josh Soderlund, Soderlund's Wood Mill Laura Haseltine, Victory Lane Oil Change

Executive Director: Tangi Schaapveld Office Manager: Laurie Doughty

How to contact us:

Chisago Lakes Area Chamber of Commerce

 $P.O.\ Box\ 283-30525\ Linden\ St.$

Lindstrom, MN 55045 Phone: 651-257-1177

Email: clacc@frontiernet.net

Web: www.ChisagoLakesChamber.com



A Note from the Chamber Board:

Renee Dabill

Hello February!

Not sure how January flew by as fast as it did, but well, it is February. With the second month of the year, we have just wrapped up another successful Celebration of the Lakes, the Home Show coming, starting discussions on the Triathlon, looking ahead to the golf tournament. And before we know it, another year has gone by. Typically January is a big month for resolutions. Many of those are forgone by the end of the month. So, take some time this month to set some realistic goals, lay out a renewed plan, whether it be for your business, your family, or a personal goal. Make them attainable, and sustainable. Not a plan to set yourself up for failure, and many new years' resolutions are, but a focus or goal that will see small steps of progress that can keep you motivated.

The chamber is working on some of these plans, with the Future Walk Initiative. If you have not had an opportunity to hear about this dynamic concept, be sure to find a committee member and ask questions. If you have not participated in a Listening Session yet, make that one of your goals! Be a valued part of our communities' future.

Have a beautiful February, see you at the Home Show!



The Future Walk is an initiative of the Chisago Lakes Chamber and the Chisago Lakes Area Community Foundation. The Initiative's goal is to create the Chisago Lakes Area Future together, by listening to residents of our communities, gathering stories, to build on our strengths and assets and plan for the next generation. The next Listening Session has been schedule for February.

Tuesday, February 17 1pm & 7pm Two listening sessions at the Chisago Lakes Library.

To register for a session or for more information about the Initiative, check out the website at www.futurewalkchisago.com, on Facebook under FutureWalk or call the Chamber office at 651-257-1177.

UP NORTH FINE ART GALLERY

13025 Lake Blvd, Lindstrom www.GustafsGalleries.com 651-257-1821



Winter Framing Sale is running the entire month of February. Take 45% off your second framing order when you bring in two complete orders. (15% off one)

Don't miss us at the Chisago Lakes Home Show for specials, drawings and additional discounts!

Winter hours: Wednesday-Saturday 10am-4pm Sunday 12-3pm Evenings by appointment



"Example is not the main thing in influencing other people; it's the only thing." ~Abraham Lincoln~

January 7th Board Meeting Highlights

Secretary's Report:

December minutes reviewed and accepted as written.

Treasurer's Report:

Treasurer's report reviewed and accepted.

Committee Reports:

• Celebration of the Lakes

Wild River Snowmobile Club is organizing the radar run and will also have vintage snowmobile display. With food vendors instead of the concession tent, fewer volunteers will be needed. Mainly for set up and tear down. Sponsorships are about the same as last year.

• Home & Garden Expo

Currently 45 vendors registered. Volunteer based organizations can begin registering in January.

• Annual Meeting & Holiday Gala

Positive feedback has been received regarding the Holiday Gala. Ideas were discussed to change up the Auction portion of the night.

New Business:

• ABC Grant

A grant through Frontier Communications is a great chance for the Chisago Lakes Area to apply for monies to help community growth and future. This is in line with what the FutureWalk is already working on. Deadline got pushed back until March. Nancy Hoffman and Bill Coleman have been working on the grant application.

• Chamber Window Decals

Window decals will be ordered with the new Chamber logo. These will be sent to Chamber members. Board approved.

Executive Director's Report:

Among items reported to the board were:

- Board members were asked to select committees they wished to be involved with
- Membership update
- Website hits

If you have information you would like in the monthly newsletter or weekly newsflash email us at clacc@frontiernet.net. Deadline for inclusion is:

 $\frac{Newsflash}{Newsletter} - Week \ Prior \ of \ Event/Special \\ Newsletter - 20^{th} \ of \ the \ Month \ Prior$



C HISAGO GRANDSTAY HOTEL & SUITES 29579 Sportsman Drive, Chisago City

www.facebook.com/chisagograndstay

Open Swim Packages now Available!

The community has been asking and we listened! We now offer open swim packages. So far, the reaction has been very positive. We are pleased to offer this fun, local option for family entertainment. Our pool is always a balmy 86° and the spa is a steamy 104°.

We would also like to announce that we have purchased a 15-passenger van and are now offering shuttle service. We plan to work with our business travelers as well as our wedding and other event guests to arrange shuttle service based on their needs. Call our front desk for more details about our open swim and shuttle van programs. For questions and room reservations, call 651-213-3400.



30365 Neal Ave, Lindstrom 6419 Main Street, North Branch www.facebook.com/RecycledWardrobes

WINTER FEST SALES EVENT FEBRUARY 4-14

Receive 20% on all fashion, furniture, furnishings, collectibles, vintage and everyday living items *OR, double your discount to 40% with your Winter Fest button!

EDWARD JONES, GREG PAINE

10681 Railroad Ave, Chisago City 651-257-6397 www.EdwardJones.com



'Coffee Club' Thursday, February 5 9:30am Discussing current events, the economy and investing in an informal setting. Greg Paine with Guest Speaker, Ryan Curry-Regional Vice President with John Hancock. Meeting at Northwoods Roasterie 12710 N. 1st Ave, Lindstrom. Coffee & pastries on us. Feel free to bring a friend. RSVP to 651-257-6397.

NORTHWOODS ROASTERIE

12710 N. First Ave, Lindstrom

Coffee and Pie Night

Every Friday Night! 5-9pm Come enjoy coffee and fresh baked pies!

www.NorthwoodsRoasterie.com 651-257-5240

January Luncheon Meeting



Mike Hursh-Owner Carrie Dirks-Manager GRANDSTAY HOTEL & SUITES, CHISAGO CITY

Thank you to **GrandStay Hotel** for hosting our January luncheon and offering 20% discount coupons for members on a room stay. **Chikos Cocina Mexicana** provided a delicious lunch for the 50 members in attendance. **Chikos** announced that starting this coming summer, they will be offering delivery to area customers.

Chamber Announcements: The Chamber introduced new board members Josh Soderlund-Soderlund's Wood Mill and Laura Haseltine-Elevate Builders. The FutureWalk Initiative will be holding two Listening Sessions on January 13. Celebration of the Lakes will be held January 30, 31 & February 1. This year will bring back the popular radar run, food vendors and numerous activities for the family both on and off the lake.

Member Announcements: Picket Fence Gals has new ownership; Angee Nephew and Linda & Loren Nickelson. Dean Paulson from The Refuge Network introduced himself and announced upcoming events. Jamie Nelson with Community Partnership with Youth & Families asked for volunteers to be part of their Youth First Club, an after school program. Hazelden-Betty Ford Foundation's Loretta Anderson promoted the upcoming Women's Health Expo on March 19 & March 26. Matt Lasiuta said L.E.I. Packaging is an egg carton manufacturer and will be operational mid February. Using 5,000 tons of paper per year and employing 30-40. They are looking for a larger facility, 75,000-100,000 square feet. Terry Hedrick, new salesperson for the Chisago County **Press** is looking forward to working with area businesses and announced they are hiring another sales staff member. Theresa Colbeth Photography is looking for high school senior to be models for her business, offering great incentives for this. AnnMarie Brink, US Bank promoted their Home Mortgage rates as low as 3% and this being and opportune time. Bill Mack with Rotary announced their upcoming Casino Night on February 7. Bill also shared that Park Boards are working together to create water trails through the area. Announcements ended with SMOOSHER, Craig Stockel, encouraging teams to sign up for the SMOOSH! Race at Celebration of the Lakes.

Mike Hursh, owner of GrandStay Hotel & Suites reported on how the hotel came about and the successes along the way. The hotel is a great asset for the community and they are amazed at how busy it has been. Carrie Dircks, general manager gave an overall of how the hotel has been booked and they are now adding Open Swim Monday-Fridays 6am-2pm & Sundays 2-8pm. The charge for this is \$7/person. Chamber members were then invited to tour the hotel.

Parmly LifePointes

10720 282nd St, Chisago City www.Parmly.org 651-257-0575



The Minnesota State Arts Board awarded a \$14,910 grant to Ecumen Parmly LifePointes to encourage artistic development and creativity among residents through programming led by accomplished professional artists.

Over the next year, Ecumen Parmly LifePointes will partner with COMPAS (Community Programs in the Arts), a 40-year-old statewide, non-profit arts organization with extensive experience bringing creativity and new skills into the lives of older adults.

COMPAS will provide classes/workshops in creative movement, songwriting, mosaic tile making, and creating a mural for the community's Vitalize! Wellness Center.

The Chisago Lakes Chamber says THANK YOU 2015 Celebration of the Lakes Sponsors!

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Lakes Veterinary • Printing Express • Stein Agency
Lindstrom Clinic-SCRMC • Shafer Contracting
Security State Bank • Security Victor Agency
State Farm Insurance • The Northern • US Bank
Wild Mountain • Chisago City Fire • Shafer Fire
Center City Fire & Rescue • Chisago County Sheriff

Thank You!

ALL IS WELLNESS STUDIO

12710 Lake Blvd, Lindstrom 651-247-6919 www.AllisWellnessCenter.com

- 'Massage 101 for Couples' Tuesday, February 10 6:30-8:30pm This class will teach how to give an amazing back, hand and foot massage. There will be instruction and then practice time for each to give and receive massage. What a great date night before Valentine's Day!
- Couples Massage Great for you and your Valentine! Call for appointment.
- **Massage Gift Certificates** A wonderful treat for vour Valentine!

heritage makers





Stop in or stay for the day! Offering monthly classes at the Chamber office. Saturday, February 14 10am-2pm.

We are here to help and answer your questions. Bring a laptop if you have one. Call Debbie Schott 651-503-8840 for more information or visit www.DigiStoryBooking.com

NATURE RICH/FUEL DIRECT

Gus Gulbranson 651-246-9027 www.655077.NatureRich.net



Nature Rich/Fuel Direct Informational Briefing

Monday, February 16 7-8pm

World class health products and fuel additive. Come hear how we can make your body and car run at its best. Held at the Chamber office 30525 Linden Street, Lindstrom.



doTERRA Essential Oils

'NEW YEAR - NEW YOU' Tuesday, February 10 6:30pm

Learn how to make your own 100% Safe, 100% Natural, Fat Detoxing Slim & Sassy Skinny Wrap! For information call Trudy Lodien at 651-491-0962. Class is free and is held at the Chamber office 30525 Linden St, Lindstrom.

opy Valentine's Day





210 Washington St, St. Croix Falls, WI 715-483-3387 www.FestivalTheatre.org

'HOPELESSLY ROMANTIC'

Saturday, Feb 14

6pm - Dinner & Show \$40/person 7:30pm - \$15/person for Show only

Come prepared to laugh, flirt and propose to your favorite love! Celebrating all that is fun and zany about romance.

'BOSS GRANT & THE JOHNNY CASH REVIEW'

Saturday, Feb 28 7:30pm

Look no further, for the man in black is back! Boss Grant pays homage to the man in black with the looks and sounds from Johnny's early beginnings with the Tennessee Three, and performs just about every hit Johnny ever wrote.



PICKET FENCE GALS SALE

FEBRUARY 11-15 Wednesday 3-7pm Thursday-Saturday 9am-6pm Sunday 11am-5pm

Every room in this historic house is packed with unique and interesting treasures. Downtown Lindstrom

www.PicketFenceGals.com

651-334-1444

PICKET FENCE GALS has new Owners!

Dawn Thimm's passion for vintage and antiques led to what is possibly the largest occasional sale in Minnesota. In April 2005, Dawn and several of her vintage loving friends opened the doors of the first "Picket Fence Gals Occasional Sale", located in Lindstrom, Minnesota. December 2014 brought a shift in ownership when Angee Nephew and her mother, Linda Nickelson purchased the business from Dawn. Angee and Linda have been part of the "Picket Fence Gals" for the past eight years.

Angee, husband Jeremy and their five children live in Lindstrom. They enjoy being active in the Chisago Lakes Community. Jeremy and the kids have all been involved with the Picket Fence Gals during the last few years. They make it a family affair.

Linda and her husband Loren live in Scandia where they both grew up. Linda became a Picket Fence Gal because she wanted to do something fun with their daughter Angee.

Both of the "Gals" feel blessed to have husbands who can build or repair just about anything. Yes, for these gals, running the business is truly a family affair!

Featured Business - February 2015



NEW FAIRVIEW CLINIC BUILDS ON A FIRM FOUNDATION OF EXCEPTIONAL CARE

Patients use words like warm, friendly and welcoming to describe the new Fairview Clinic in Chisago City that opened its doors Dec. 9. Located next to the old clinic, the new 18,000 square foot building boasts large windows, wide halls, an inviting décor, and easy access to patient care areas.

"Staff love the way the natural light flows right through this building," says Clinic Administrator Mindy Lines.

But aside from being beautiful, the new clinic is designed for effective teamwork and efficient care, and the providers and staff members are committed to providing an exceptional experience for patients, says Clinical Supervisor Myra Michog.

"This clinic will serve the Chisago Lakes community well for years to come," predicts Lines, who oversees Fairview Clinics in Wyoming and Chisago City. "We are especially excited to have added a Fairview Pharmacy to the new clinic."

Services at the new clinic include:

- Family Medicine
- Family Medicine with Obstetrics
- Sleep Medicine
- Counseling services
- Diabetes education
- Physical therapy
- Lab and X-ray
- Mobile mammography
- Ophthalmology, optometry and eyewear by Total Eye Care
- Fairview Pharmacy

Family medicine providers seeing patients at the new Fairview Clinic in Chisago City are:

- Amy Anderson, MD
- Nancy Alexis, MD
- R. Paul Post, MD
- Terry Kopp, MD
- Kurt Peterson, MD
- Sieglinde Peterson, MD
- Regina Hollibush, MSW, LSW, provides counseling services at the clinic, and the sleep medicine team includes sleep specialists Tom Gustafson, MD, and Tricia Nesser, PA.

The Fairview Sleep Lab for overnight sleep studies, Fairview Lakes HomeCaring & Hospice and Fairview's adolescent outpatient chemical dependency program continue to operate in the old building, which also houses Shipp Dental Care, Ltd., the Chisago Lakes Area Schools Pathway to Change program and the Lakes Region EMS ambulance base.

Patients in need of specialized care or state-of-the-art diagnostic services will find them at nearby Fairview Lakes Medical Center in Wyoming where cancer and heart care are also offered by UofM physicians.

FAIRVIEW LAKES HEALTH SERVICES

11725 Stinson Ave, Chisago City www.Fairview.org/lakes 651-257-8499

WILD MOUNTAIN / TF RECREATION 37200 Wild Mountain Rd, Taylors Falls 651-465-6315 www.wildmountain.com



It's the time of year where we start to discuss <u>Season Passes</u> for next season. They are now being offered at the lowest possible rates. Check out our new <u>Family Pricing</u> being offered. The 5th family member can receive a season pass for only \$19.99! With pricing this incredible you'll have no excuse not to get your family outside for the rest of this winter and all of next year!

If you don't already have a season pass you can add the rest of this season (beginning Sunday, Feb. 1st) for only \$50 with the purchase of a season pass for the 2015-2016 season. That's right ski/ride the rest of this year for \$50.

- * Home School Days: Thursdays, February 5 & 19
- * Snowboard ThrasherCamp: Sat-Sun, February 7-8
- * Scout and 4H Days: Sunday, February 22
- * Night Moves/Late Night Session: Sat., February 14
- * Music in the 'Nest': Saturday, February 7 & 14
- * Friends & Family Fun Days: February 14-15

For complete details call 651-465-6365 or visit www.WildMountain.com

SATURDAY. FEBRUARÝ 7

'CHISAGO LAKES ROTARY CASINO NIGHT'

Ojiketa Regional Park - Strom Hall

6:00-7:00 pm - Social Hour

7:00-10:00 pm - Casino & Entertainment

10:00-11:00 pm - Raffles

- Games: Texas Hold'em, Blackjack, Three Card Poker and Dice Games
- Receive \$1500 in gambling play money with ability to purchase more
- Hors d'Oeuvres served by Eichten's Bistro
- Complimentary non-alcoholic beverages
- Cash Bar beer and wine
- Raffles



() Western Attire is Encouraged ()



For questions or to purchase tickets (limited) Contact a Rotarian or call Bill 651-402-5429

CHISAGO LAKES LIBRARY

11754 302nd St, Chisago City 651-257-2817 www.ecrl.lib.mn.us



Valentine's Da

THURSDAY, FEBRUARY 12 6:30PM

Join librarian and friends in reading Valentine's Day stories and making cards for patients at Gillette Children's Hospital in St. Paul.

CHISAGO LAKES SCHOOL DISTRICT

13750 LAKE BLVD, LINDSTROM 651-213-2000

COFFEE AND CONVERSATION

Join school Superintendent Joe Thimm and a board representative for Coffee and Conversation on the dates and locations below, from 8:00-8:45 am. This is an opportunity to ask questions and chat about the school district.

- Thursday, February 19 Wagon Wheel Restaurant
- Thursday, March 26
- Wagon Wheel Restaurant
- Thursday, April 23
- Location to be determined

TRINITY LUTHERAN CHURCH

13025 Newell Ave, Lindstrom 651-257-5129 www.tlcLindstrom.org

Trinity Lutheran Church has been giving away coats, snow pants, hats, mittens, boots and blankets to children since 1995 during their Outerwear Fair. After all the donated used clothing we still spend approximately \$2,000 a year to meet the needs of the families. We need your help building up this fund!

Thrivent Financial has offered a challenge grant. For every dollar donated to the Outerwear Fair before February 28, Thrivent Foundation will donate 50¢ per \$1 raised, up to a total grant of \$5,000. Please consider donating to this vital program. Checks can be sent to Trinity Lutheran Church, PO Box 768, Lindstrom. Please write Outerwear Fair on the memo line.

SB News

244 N. Lake Street, Forest Lake www.YSBLakesArea.org 651-464-3685



'GETTING COLD FOR YOUR CAUSE' WINTER PLUNGE!

Saturday, February 21

We are taking the plunge! Yes, we are plunging into the cold, cold water to raise money for Lakes Area Youth Service Bureau.

> Click here to join or pledge your support for LAYSB Pirates

'ON BEHALF OF YOUTH' & "JAMES TRUDEAU LAW ENFORCEMENT'

Do you know someone who is a great role model for youth? Someone who demonstrates a passion for the well-being of youth? Or do you know a youth who is making a difference in their community? Or do you know a law enforcement officer that has gone above and beyond his or her job duties to connect with and make a difference in the lives of youth?

If any of those statements are true, we want to hear from you! Nomination deadline is Monday, March 16, 2015.

> On Behalf of Youth Award James Trudeau Law Enforcement Award



FRIDAY, FEBRUARY 13 6:30-8:30PM AGES 3 – GRADE 6 CHISAGO LAKES MIDDLE SCHOOL

An evening filled with activities for fathers, grandfathers and their daughters. Refreshments, games, photographs and prizes. Family friendly music will be played. Take this opportunity to strengthen your relationship with your daughter granddaughter. \$25/family includes refreshments, dance activities & prizes.

Sponsored by: Chisago Lakes Community Education

EAST CENTRAL MINNESOTA JOB FAIR

SAVE THE DATE

Tuesday, April 21, 2015 12:30pm – 4:30pm AFRC – Cambridge Community Center

MN Chamber Update

Join us March 3 for Business Day NOT at the Capitol

Governor Mark Dayton has released his budget for the next two years, signaling once again that he has little interest in making progress on Minnesota's competitiveness. The statewide business community needs to send a united message to the governor and legislators: Use the state's projected \$1 billion surplus to reduce some of our uncompetitive business taxes.

March 3 is the perfect opportunity. Please join the Minnesota Chamber of Commerce and our local chamber partners for our annual Business Day NOT at the Capitol.

There's a twist to our event this year. The State Capitol is under construction, so we are bringing the lawmakers to you. All activities will be at the Crowne Plaza, St. Paul -Riverfront. We promise new format and new opportunities.

Nothing makes a better impression on our elected officials than hearing firsthand from their constituents. Business Day NOT at the Capitol is the perfect venue to learn the latest about issues that affect your bottom line and deliver a personal message to policy decision-makers. Let legislators know how decisions at the Capitol affect your ability to grow in Minnesota and compete in the global economy.

Morning and luncheon keynote speakers will energize you for the afternoon. The event is also a chance to:

- Network with your peers from across Minnesota.
- Rally with your recognized region of the state.
- Quiz key legislators on hot topics from education to transportation to environment.

Minnesota is enjoying some of its best economic times in recent years with a projected surplus of more than \$1 billion for the next two-year budget cycle, growing to \$3 billion for the following two years. The governor's budget, unfortunately, missed the opportunity to provide tax relief. He used the majority of the surplus to lock in long-term, permanent spending, raising taxes on some employers, and increasing fees.

His recommendations are disappointing and shortsighted. Businesses and individuals absorbed a series of tax increases in 2013 that topped \$2 billion. Budget surpluses in 2013 and 2014 – in the billions of dollars – clearly present a chance to make Minnesota businesses more competitive and ensure more investment is made in our state.

Attend Business Day NOT at the Capitol and send the message: This is not the time to raise taxes again. Use this opportunity to ease some of the cost burdens on employers to best position Minnesota in a changing and growing economy.

As one employer, your voice can be a whisper. Combine it with hundreds of others, and your voice becomes a roar. Your voice makes a difference. We look forward to seeing you March 3.

Bill Blazar is interim president of the Minnesota Chamber of Commerce. For more information visit www.mnChamber.com.



Minnesota Chamber of Commerce The Voice of Business

PARENT UNIVERSITY

March 23, 2015

6:00 - 8:00 PM

CHISAGO LAKES HIGH SCHOOL PERFORMING ARTS CENTER

CHILD CARE PROVIDED

FREE ADMISSION

Raising Kids with Love, Learning & Joy

Raising kids in ways that will reduce shame, foster maturity and help them to become life-ready adults - it's the subject of a new book, *GIST: The Essence of Raising Life-Ready Kids*. Authors, Dr. Timothy Johanson and licensed psychologist Michael Anderson, will share this approach to parents who are looking for fresh, healthy approaches to the parent/child dynamic.

Schedule:

6:00 - 7:00 pm Speakers: Dr. Timothy Johanson & Michael Anderson

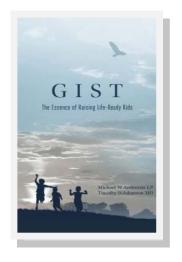
7:00 - 7:15 pm Break - snacks

7:15 - 8:00 pm Break Out Sessions:

1. Techno Parenting—how to parent kids with all this technology

- 2. Checklist to Adulthood— always keep the goal of adulthood in mind or we will lose our way in the turbulent journey of raising children
- 3. Gifted and Talented—helpful tips for working with gifted and talented children
- 4. Preparing for College— how can parents assist in this process
- 5. Digital Citizenship—what we teach in elementary

Books available to purchase at the Family Center /Community Education Building or Taylors Falls Elementary for \$12



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Doors

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